



BLADDER INFECTION

by **Lida Baron**

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"Bladder Infections after Sex"

With the knowledge that I have gained in German New Medicine seminars, I was able to rid myself of "chronic" bladder infections for good.

In the GNM seminar I learned about "tracks" and how they cause the same symptoms to reoccur, when identical circumstances were happening.

For years, I was getting a bladder infection after sex. I felt like I was stuck in a rut. Needless to say, this had a very damaging effect on the sexual relationship with my husband.

When I realized that the track was established at a time when I didn't want sex but I did it anyway, I could work it out in my mind. I enjoy sex and want to be a participating partner in the whole experience. With the understanding of GNM, I was able to consciously address the situation.

The bladder infections cleared up immediately and all was going well until one night my husband and I had sex in the wee hours of the morning. This is not my favorite time for sex as I am usually in a deep sleep. My 'old' attitude had taken over and I ended up with a bladder infection. Once again, I put my mind through the clean up exercises regarding sex no matter what time of day or night. I created a positive outcome by welcoming the invitation for sex rather than resisting it. For the last three months we have enjoyed a freedom in our sexual relationship that we have not had in years.

German New Medicine has given my husband and me a gift for which both of us are very grateful. Thank-you so very much, Dr. Hamer.

Lida Baron

Translated from the German original
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